

Practice Schedule

Updated 8/9/2023

Please check the school website for any changes or updates.

August 15th is the first day of practice

Back-to-School Night is 8/24 at 5:00pm – NO Practice this night

Week Of:	7th Grade	8th Grade
August 15 – 18	3:45 – 5:00 pm	5:15 – 6:30 pm
August 21 – August 25 8/21: Impact Testing 3:45 No Practice Thursday 8/24	5:15 – 6:30 pm	3:45 – 5:00 pm
August 28 – September 1	3:45 – 5:00 pm	5:15 – 6:30 pm
September 4 – 8 No Practice 9/4 (Labor Day) No Practice 9/5 (No School)	5:15 – 6:30 pm	3:45 – 5:00 pm
September 11 – 15	3:45 – 5:00 pm	5:15 – 6:30 pm
September 18 – 22	5:15 – 6:30 pm	3:45 – 5:00 pm
September 25 – 29	3:45 – 5:00 pm	5:15 – 6:30 pm

Impact (concussion) Testing Required for all 7th grade players and new 8th grade players:

Monday, August 21st after school from 3:35 – 4:45pm in the library before practice time

Coaches:

Leslie Maddox, Nora Waldow, Sue Beutler, Amanda Connelly, Jodi Braun, Marcella Collins